

WILL COUNTY READING COUNCIL PRESENTS

***MINDFUL, RESTFUL, & THOUGHTFUL TEACHING OF
READING & WRITING***

Guest Speaker:

Dr. Patricia Braun

Literature, Laughter, and Yoga: Breath In: Laugh Out

* Deep breathing (known to be calming & energizing),

+ laughter (releases endorphins),

+ good literature (expands the mind)

= an engaging & memorable reading experience!

Dr. Patricia Braun, an experienced educator & professor, shares her expertise and skills to help us relax & connect with students using literature, laughter, & yoga!

In addition:

*3 breakout sessions, 6 presenters- a range of literacy topics & grade levels.
Something for everyone.*

Date: 3-11-21

Time: 5:00 P.M. to 7:15 P.M.

Cost: Free

2 hours CPDU through the Illinois Reading Council

Register for our virtual event: [Registration](#)

IRC is also hosting a virtual event on the 11th, but will be recorded, allowing you to attend the WCRC event.

Please note: Unless we're notified in writing, your registration constitutes an agreement that your image, likeness, and appearance can be used in photographs of such events and activities.